

A new way of learning

Public Feldenkrais Workshop with Jeremy Krauss

Curious about the Feldenkrais-Method? The Method will make you curious. After teaching a three day Advanced Training in Vienna internationally renowned Jeremy Krauss will add one open day workshop for the general public. The topics will be Awareness Through Movement and learning the Feldenkrais way.

Anybody who is interested in the Feldenkrais-Method – with or without personal experience – is welcome. This workshop should be especially useful for those people who are planning to participate in the 4-year Feldenkrais International Training Program Wien 5 (starting in September 2008).

This workshop is your chance to get to know the Educational Director of the upcoming Training Program. This public workshop creates an opportunity for you to introduce the Feldenkrais-Method at its best to your friends and family.

Jeremy Krauss

Jeremy was a personal student of and directly trained by Dr. Feldenkrais. He has been studying and teaching the Feldenkrais Method for over 20 years.

His book "Feldenkrais: The Way to Improve Personal Ability" has been published in Hebrew, Russian and German. ("Einfach Bewegen" - Junfermann Verlag). Jeremy is an excellent teacher and is known for his clear presentation of both the practical and theoretical aspects of the method. Jeremy is currently the Educational Director of Training Programs in Berlin (Germany), Rome (Italy), Vienna (Austria), Michigan (USA) and Yokohama (Japan). He teaches Advanced Trainings and Master Classes worldwide. Besides his teaching Jeremy was chosen by the International Feldenkrais Federation (IFF) to translate important teaching material by Dr. Feldenkrais from Hebrew into English.

Termin

Datum: So, 30. September 2007

Zeit: 10.00 - 16.30 Uhr

Ort: Theater des Augenblicks, Edelhofgasse 10, 1180 Wien Tel.: +43 (0)676 723 56 33

Preis: € 120,- (inkl. 20% MwSt.) Unterrichtssprache ist Englisch Beschränkte TeilnehmerInnenzahl Anmeldung Sascha Krausneker

für die Feldenkrais Studiengesellschaft Wien

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Hinweis

Der Workshop ist auch eine Einführung für das kommende 4-jährige Feldenkrais International Training Program Wien 5, das im September 2008 beginnt. Daher steht Jeremy im Anschluss and den Workshop interessierten TeilnehmerInnen zur Verfügung um persönliche, organisatorische sowie theoretische Fragen zu besprechen.

Website www.feldenkrais-wien.at/jeremykrauss